



Mesotherapy

Developed and loved by the French, who certainly seem to know how to age gracefully, mesotherapy is series of micro-injections into the superficial skin layers to nourish and rejuvenate the skin and stimulate the production of collagen and elastin.

Great for skin rejuvenation and improvement, Mesotherapy is a skin care therapy that works from the inside out.

It is a procedure in which multiple micro-injections are delivered into the mesodermal layer of tissue under the skin to restore plumpness and volume to areas such as the face, eye area, neck and décolletage. The treatment aims to improve the overall quality of the skin, enhancing the appearance of the face.

Mesotherapy provides the skin with a special cocktail of nutrients such as hyaluronic acid, vitamins, minerals, enzymes and amino-acids to boost its appearance significantly. As a result your face regains its natural elasticity, shape and glow.

You will be amazed by how much of a difference this treatment makes, giving you a stunning rejuvenated and radiant glow, and making you look well rested, healthy and bright.

Mesotherapy Techniques

Nappage

Nappage Mesotherapy is among the most successful skin treatments to reverse visible signs of ageing, acne, pigmentation, including external factors such as pollution, sun exposure, lifestyle factors and stress. The Facial Mesotherapy treatment delivers a tailored and sophisticated cocktail of vitamins, minerals, antioxidants, amino acids, and hyaluronic acid into the lower layer of your

skin. This treatment is ideal for all skin types, is amazingly comfortable and requires no 'downtime' so you can return straight to normal activities. Depending on the blend of nutrients, Facial Mesotherapy will give the skin intense and long-lasting hydration, by rejuvenation the skin, stimulating collagen and elastin production.

Nanosoft

Using FILLMED medical grade skin boosting solutions with innovative NanoSoft®, the smallest needle on the market for a near painless injection gives amazing results. The Nanosoft gives precise and specialist technique allowing slow dispersion of active ingredients into the skin tissue, used with one or a combination of two unique formulas into the skin. The unequalled NCTF135 formula for an instant glow, radiance and improving skin quality and second is the hydration boosting M-HA10 for amazing skin hydration.



What Is FILLMED NCTF 135HA & M-HA 10

Developed and loved by the French, who certainly seem to know how to age gracefully, over 40-years of research and development have gone into FILLMED's celebrated NCTF® (New Cellular Treatment Factor).

Made with hyaluronic acid (HA) and 59 other ingredients, including amino acids, vitamins and minerals, NCTF stimulates the skin without changing the facial features or expressions. Containing free HA, NCTF smooths out fine lines, deeply nourishes, and increases the health and quality of the skin by boosting fibroblast activity to form new collagen, elastin and our own Hyaluronic Acid, resulting in naturally enhanced, hydrated, smooth and radiant skin.

What conditions/issues does NCTF 135HA treat?

Natural yet effective and ideal for all ages, NCTF is used for the prevention and correction of lack luster skin, enlarged pores, skin laxity, fine lines and wrinkles, blemishes and pigmentation. NCTF treatments help the skin to retain essential moisture and leave the skin looking glowing, radiant and more youthful. The perfect pick me up before any special event.

What is MHA-10 by FILLMED?

M-HA® 10 is a visco-elastic solution aimed at restoring the loss of hyaluronic acid due to skin ageing. It is designed to be injected into the upper dermis as a 'skin booster' to improve the hydration, radiance and elasticity of the skin and to serve as a filling agent for small wrinkles such as crow's feet, laughter lines or lines around the mouth caused by smoking. It works to improve the water barrier of the skin.

HA or Hyaluronic acid is a miracle advancement in skin care technology. Once injected, the active ingredients work to restore the skins natural hydration levels, making skin feel more firmer and less saggy. For many individuals, the winter months cause the skin to lose its hydration and become overly dry. This treatment can really help address this seasonal skin issue. Thats because, hyaluronic acid can hold up to 1000 times its weight!

What can Mesotherapy treat

- Revives dull Skin
- Skin laxity
- Loss of tone, elasticity & volume
- Hyperpigmentation
- Enlarged pores
- Fine lines and wrinkles
- Dark circles under the eyes
- Marionette lines around the mouth
- Frown lines near your eyebrows
- Reduces acne
- Acne scarring
- Fades stretch marks
- Dry and dehydrated skin
- Hands - firmer, more youthful skin, dark spots and sun damage
- Scar softening - reduction in raised and discoloured scars
- Sun damage
- Treats Alopecia, a condition that causes hair-loss

NCTF is used in a range of treatments to address skin concerns on the face, neck, hands and décolleté.

How is NCTF 135HA used?

NCTF can be applied topically with a SkinPen microneedling treatment, injected superficially with mesotherapy techniques Nappage or Nano Soft (including Bio Nutri Glow/Bio Nutri Neck/BeautifEYE)

Bio Nutri Glow

Bio Nutri Glow is a luxurious mesotherapy treatment for the face, which combines a FILLMED peel, NCTF mesotherapy, FILLMED Hyaluronic Youth Mask and a 20-minute Dermalux LED treatment. A Bio Nutri Glow treatment takes around 1hr30.

Mesotherapy is series of micro-fine injections into the superficial skin layers to place nutrients right where they are needed to nourish and rejuvenate the skin.

For best results a course of 3 treatments is advised every two weeks with maintenance treatments 1-2 times a year.

Prices:

Bio Nutri Glow (face & neck) x3 - £450

Bio Nutri Glow (face, neck & décolleté) x3 - £600

Extra vials £50

Beautif-EYE

A powerful combination of FILLMED's NCTF mesotherapy to fine lines and dark circles around the eye area, together with lymphatic drainage massage, FILLMED's Skin Perfusion Eye Recover Mask and a Dermalux LED treatment to finish. Addresses puffiness, dark circles, fine lines and wrinkles, and helps to lift the eyelid, hydrate the eye area and restore radiance.

For best results a course of 3 treatments is advised every two weeks with maintenance treatments 1-2 times a year.

Prices:

Beautif-EYE x3 - £375

Bio Nutri Neck

FILLMED's NCTF mesotherapy treatment can be delivered to the neck, décolleté and hands to restore skin quality adding radiance and tone boosting for tired looking necks. It increases density, fills and reduces fine lines and wrinkles and tightens the skin.

For best results a course of 3 treatments is advised every three weeks with maintenance treatments 1-2 times a year.

Prices:

Bio Nutri Neck, Décolleté or Hands x3 - £435

Extra vials £50

What to expect after the treatment

Directly after the treatment, the skin will be tighter, more hydrated and glowing, there may be some redness, which will disappear within a couple of hours. If we are using the NCTF compound with nano soft then you may notice small papules/bumps under the skin which will disappear 2-72 hours. (which is a good thing as it hydrates the dermis for longer)

Pre Treatment Instructions

- Since delicate skin or sensitive areas may be swollen or red, you are advised not to make social plans on the day of your enhancement.
- Do not take aspirin or anti-inflammatory medication such as Ibuprofen 2 days before your enhancement.
- Do not discontinue any medication before consulting your doctor.
- Keep alcohol intake to a minimum 2 days prior to your enhancement.
- Do not use 1% Retin-A skincare products close to the area to be treated for 2 days prior to treatment.
- Do not use AHA skincare products close to the area to be treated for 4 weeks prior to your procedure.
- Avoid professional chemical peels close to the procedure site for 4 weeks prior to your treatment.

Caution

Injections on the face can trigger the cold sore virus. If you are a sufferer, you must advise your clinician in advance of treatment. If you are planning to attend a special event when a bruise should occur, would be unacceptable to you. Some over-the-counter medicines and supplements can also affect bleeding (make you more prone to bruising) as can alcohol- which should be avoided the day before and after treatment.

Mesotherapy Aftercare Advice

- If any redness persists do not go back to using glycolic acid until it is resolved
- Skin may feel dry and tight, this is quite normal. Please use extra moisturiser
- Do not use a sun-bed, sunbathe, sauna or steam bath/shower for 24 hours after Mesotherapy
- Always use recommended sun protection SPF50
- Avoid touching your face
- Avoid electrolysis, waxing, bleaching (face) for 5 days
- Do not swim in chlorinated water for 3-5 days
- No excessive exercise for at least 24 hours
- Make up should be avoided for 24 hours except mineral is recommended
- Take directed advice if undergoing laser or IPL treatment
- Avoid significant movement or massage of the treated area. Unless instructed by the practitioner
- Avoid consuming excess amounts of alcohol or salts to avoid excess swelling
- If you have swelling you may apply a cool compress for 15 minutes each hour
- Try to sleep face up and slightly elevated if you experience swelling
- Use Arnica Gel to help the bruising and swelling
- Avoid abrasive skin treatments for 5 days after
- Ensure you moisturise and use recommended serums following your treatment to nourish and heal the skin. A hydrating sheet mask may be applied to reduce redness and heat.
- Ensure you return and complete the protocol of treatments to fulfil your skin goals!

Who can't have Mesotherapy

Pregnancy and breast feeding	Use of Roaccutane (Isotretinoin acne treatment) in the last 18 months
Laser treatment	Broken skin
Sunburn	Active Eczema/Psoriasis
Chemotherapy and recent radiation	Active herpes simplex (cold sores)
Warts	Recent wounds
Hypertrophic/keyloid scars	Recent cryotherapy
Any skin infection in or near the treatment area or are unwell in any way (even a cold)	Experienced allergic reactions to any of the ingredients or local anaesthetic
Taking steroids or have autoimmune disease	Taking steroids or have autoimmune disease
Any bleeding disorders	Active acne
Permanent injectable implant	Scleroderma
Epilepsy	Diabetes



The following products are recommended to use with a course of treatment



Skin Perfusion
Hyaluronic Youth Mask



Skin Perfusion
Eye Recovery Mask



Skin Perfusion
Nutri Neck



Skin Perfusion
HXR Eye Cream



Skin Perfusion
B3 Recovery Cream



Heliocare SPF

Please get in touch for more information or to book an appointment